



Clinical Utilization Management Guidelines

Attached is a list of the *Clinical UM Guidelines* the health plan has adopted.

The full list of *Medical Policies* and *Clinical Utilization Management (UM) Guidelines* are publicly available on the [Medical Policy and Clinical UM Guideline subsidiary website](#). Their purpose is to help you provide quality care by reducing inappropriate use of medical resources.

InterQual® Criteria or MCG Care Guidelines are used for:

- Medical necessity review for medical and behavioral health inpatient review.
- Inpatient site of service appropriateness.
- Inpatient rehabilitation and skilled nursing facility review.
- Outpatient based service or procedure where there is not an established *Medical Policy* or *Clinical UM Guideline*.

In addition, American Society of Addiction Medicine® criteria is used for substance use services according to state requirements.

Medicaid state contracts, regulatory guidance, CMS requirements and our *Medical Policy/Clinical UM Guidelines* supersede MCG Care Guidelines and InterQual Criteria.

Note: We make determinations of medical necessity on a case-by-case basis in accordance with the definition of medical necessity that is contained within the Medicaid state contract, regulatory guidance, CMS requirements or in our *Medical Necessity Criteria Policy ADMIN.00004*.

If the request doesn't meet established criteria guidelines, it will be referred to a licensed physician reviewer with the appropriate clinical expertise to make a decision.

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The new *Clinical Utilization Management (UM) Guidelines* below were adopted by the medical operations committee for Dell Children's Health Plan members on December 12, 2021.

To view a guideline, visit <https://www.dellchildrens.net/health-plan/providers>.

CUMG number	CUMG title	New item
CG-ADMIN-01	<i>Clinical Utilization Management (UM) Guideline for Pre-Payment Review Medical Necessity Determinations When No Other Clinical UM Guideline Exists</i>	
CG-ANC-08	Mobile Device-Based Health Management Applications	
CG-DME-05	Cervical Traction Devices for Home Use	
CG-DME-06	Compression Devices for Lymphedema	
CG-DME-39	Dynamic Low-Load Prolonged-Duration Stretch Devices	
CG-DME-41	Ultraviolet Light Therapy Delivery Devices for Home Use	
CG-DME-44	Electric Tumor Treatment Field (TTF)	
CG-DME-46	Pneumatic Compression Devices for Prevention of Deep Vein Thrombosis of the Extremities in the Home Setting	
CG-DME-48	Vacuum Assisted Wound Therapy in the Outpatient Setting	
CG-GENE-01	Janus Kinase 2, CALR and MPL Gene Mutation Assays	
CG-GENE-04	Molecular Marker Evaluation of Thyroid Nodules	
CG-GENE-07	BCR-ABL Mutation Analysis	
CG-GENE-08	Genetic Testing for PTEN Hamartoma Tumor Syndrome	
CG-GENE-09	Genetic Testing for CHARGE Syndrome	
CG-GENE-10	Chromosomal Microarray Analysis (CMA) for Developmental Delay, Autism Spectrum Disorder, Intellectual Disability (Intellectual Developmental Disorder) and Congenital Anomalies	
CG-GENE-11	Genotype Testing for Individual Genetic Polymorphisms to Determine Drug-Metabolizer Status	
CG-GENE-13	Genetic Testing for Inherited Diseases	

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CG-GENE-14	Gene Mutation Testing for Solid Tumor Cancer Susceptibility and Management	
CG-GENE-17	RET Proto-oncogene Testing for Endocrine Gland Cancer Susceptibility	
CG-GENE-18	Genetic Testing for TP53 Mutations	
CG-GENE-19	Detection and Quantification of Tumor DNA Using Next Generation Sequencing in Lymphoid Cancers	
CG-GENE-21	Cell-Free Fetal DNA-Based Prenatal Testing	
CG-GENE-23	Genetic Testing for Heritable Cardiac Conditions	
CG-LAB-09	Drug Testing or Screening in the Context of Substance Use Disorder and Chronic Pain	
CG-LAB-10	Zika Virus Testing	
CG-LAB-11	Screening for Vitamin D Deficiency in Average Risk Individuals	
CG-LAB-12	Testing for Oral and Esophageal Cancer	
CG-LAB-13	Skin Nerve Fiber Density Testing	
CG-LAB-14	Respiratory Viral Panel Testing in the Outpatient Setting	
CG-LAB-17	Molecular Gastrointestinal Pathogen Panel (GIPP) Testing for Infectious Diarrhea in the Outpatient Setting	
CG-LAB-19	Laboratory Evaluation of Vitamin B12	NEW
CG-MED-05	Ketogenic Diet for Treatment of Intractable Seizures	
CG-MED-24	Electromyography and Nerve Conduction Studies	
CG-MED-26	Neonatal Levels of Care	
CG-MED-28	Iontophoresis	
CG-MED-34	Monitored Anesthesia Care for Gastrointestinal Endoscopic Procedures	
CG-MED-35	Retinal Telescreening Systems	
CG-MED-39	Bone Mineral Density Testing Measurement	
CG-MED-40	External Ambulatory Event Monitors to Detect Cardiac Arrhythmias	
CG-MED-41	Moderate to Deep Anesthesia Services for Dental Surgery in the Facility Setting	
CG-MED-44	Holter Monitors	
CG-MED-45	Transrectal Ultrasonography	
CG-MED-46	Electroencephalography and Video Electroencephalographic Monitoring	
CG-MED-48	Scrotal Ultrasound	
CG-MED-49	Auditory Brainstem Responses (ABRs) and Evoked Otoacoustic Emissions (OAEs) for Hearing Disorders	
CG-MED-51	Three-Dimensional (3-D) Rendering of Imaging Studies	

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CG-MED-55	Site of Care: Advanced Radiologic Imaging	
CG-MED-56	Non-Obstetrical Transvaginal Ultrasonography	
CG-MED-57	Cardiac Stress Testing with Electrocardiogram	
CG-MED-61	Preoperative Testing for Low Risk Invasive Procedures and Surgeries	
CG-MED-62	Resting Electrocardiogram Screening in Adults	
CG-MED-63	Treatment of Hyperhidrosis	
CG-MED-64	Transcatheter Ablation of Arrhythmogenic Foci in the Pulmonary Veins	
CG-MED-65	Manipulation Under Anesthesia	
CG-MED-66	Cryopreservation of Oocytes or Ovarian Tissue	
CG-MED-69	Inhaled Nitric Oxide	
CG-MED-70	Wireless Capsule Endoscopy for Gastrointestinal Imagine and the Patency Capsule	
CG-MED-72	Hyperthermia for Cancer Therapy	
CG-MED-74	Implantable Ambulatory Event Monitors and Mobile Cardiac Telemetry	
CG-MED-76	Magnetic Source Imaging and Magnetoencephalography	
CG-MED-78	Anesthesia Services for Interventional Pain Management Procedures	
CG-MED-81	Ultrasound Ablation for Oncologic Indications	
CG-MED-83	Site of Care: Specialty Pharmaceuticals	
CG-MED-86	Enhanced External Counterpulsation in the Outpatient Setting	
CG-REHAB-03	Pulmonary Rehabilitation	
CG-REHAB-10	Level of Care: Outpatient Physical Therapy, Occupational Therapy and Speech-Language Pathology Services	
CG-SURG-03	Blepharoplasty, Blepharoptosis Repair and Brow Lift	
CG-SURG-05	Maze Procedure	
CG-SURG-07	Vertical Expandable Prosthetic Titanium Rib	
CG-SURG-08	Sacral Nerve Stimulation as a Treatment of Neurogenic Bladder Secondary to Spinal Cord Injury	
CG-SURG-09	Temporomandibular Disorders	
CG-SURG-11	Surgical Treatment for Dupuytren's Contracture	
CG-SURG-15	Endometrial Ablation	
CG-SURG-18	Septoplasty	
CG-SURG-24	Functional Endoscopic Sinus Surgery (FESS)	
CG-SURG-25	Injection Treatment for Morton's Neuroma	
CG-SURG-28	Transcatheter Uterine Artery Embolization	
CG-SURG-29	Lumbar Discography	

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CG-SURG-30	Tonsillectomy for Children with or without Adenoidectomy	
CG-SURG-31	Treatment of Keloids and Scar Revision	
CG-SURG-36	Adenoidectomy	
CG-SURG-46	Myringotomy and Tympanostomy Tube Insertion	
CG-SURG-49	Endovascular Techniques (Percutaneous or Open Exposure) for Arterial Revascularization of the Lower Extremities	
CG-SURG-50	Assistant Surgeons	
CG-SURG-51	Outpatient Cystourethroscopy	
CG-SURG-52	Site of Care: Hospital-Based Ambulatory Surgical Procedures and Endoscopic Services	
CG-SURG-55	Cardiac Electrophysiological Studies (EPS) and Catheter Ablation	
CG-SURG-56	Diagnostic Fiberoptic Flexible Laryngoscopy	
CG-SURG-57	Diagnostic Nasal Endoscopy	
CG-SURG-58	Radioactive Seed Localization of Nonpalpable Breast Lesions	
CG-SURG-59	Vena Cava Filters	
CG-SURG-61	Cryosurgical or Radiofrequency Ablation to Treat Solid Tumors Outside the Liver	
CG-SURG-63	Cardiac Resynchronization Therapy with or without an Implantable Cardioverter Defibrillator for the Treatment of Heart Failure	
CG-SURG-72	Endothelial Keratoplasty	
CG-SURG-73	Balloon Sinus Ostial Dilation	
CG-SURG-75	Transanal Endoscopic Microsurgical (TEM) Excision of Rectal Lesions	
CG-SURG-76	Carotid, Vertebral and Intracranial Artery Stent Placement with or without Angioplasty	
CG-SURG-77	Refractive Surgery	
CG-SURG-78	Locoregional and Surgical Techniques for Treating Primary and Metastatic Liver Malignancies	
CG-SURG-81	Cochlear Implants and Auditory Brainstem Implants	
CG-SURG-85	Hip Resurfacing	
CG-SURG-86	Endovascular/Endoluminal Repair of Aortic Aneurysms, Aortoiliac Disease, Aortic Dissection and Aortic Transection	
CG-SURG-87	Nasal Surgery for the Treatment of Obstructive Sleep Apnea and Snoring	
CG-SURG-89	Radiofrequency Neurolysis and Pulsed Radiofrequency Therapy for Trigeminal Neuralgia	
CG-SURG-90	Mohs Micrographic Surgery	
CG-SURG-91	Minimally Invasive Ablative Procedures for Epilepsy	

CUMG number	CUMG title	New item
CG-SURG-92	Paraesophageal Hernia Repair	
CG-SURG-93	Angiographic Evaluation and Endovascular Intervention for Dialysis Access Circuit Dysfunction	
CG-SURG-96	Intraocular Telescope	
CG-SURG-98	Prostate Biopsy using MRI Fusion Techniques	
CG-SURG-101	Ablative Techniques as a Treatment for Barrett's Esophagus	
CG-SURG-102	Alcohol Septal Ablation for Treatment of Hypertrophic Cardiomyopathy	
CG-SURG-103	Penile Circumcision	
CG-SURG-104	Intraoperative Neurophysiological Monitoring	
CG-SURG-105	Corneal Collagen Cross-Linking	
CG-SURG-106	Venous Angioplasty with or without Stent Placement or Venous Stenting Alone	
CG-SURG-107	Surgical and Minimally Invasive Treatments for Benign Prostatic Hyperplasia (BPH)	
CG-SURG-108	Stereotactic Radiofrequency Pallidotomy	
CG-SURG-111	Open Sacroiliac Joint Fusion	
CG-SURG-112	Carpal Tunnel Decompression Surgery	
CG-SURG-113	Tonsillectomy with or without Adenoidectomy for Adults	
CG-THER-RAD-07	Intravascular Brachytherapy (Coronary and Non-Coronary)	