

Updated *Clinical Practice Guidelines* and *Preventive Health Guidelines*

Background: Updated *Clinical Practice Guidelines* and *Preventive Health Guidelines* are now available on the Dell Children's Health Plan provider self-service website at DellChildrensHealthPlan.com. These evidence-based guidelines were reviewed and approved by our quality improvement committee. The guidelines include direct links to the source documents for reference.

Updates for the *Clinical Practice Guidelines* include added topics on the following conditions:

- Oppositional defiant disorder
- Post-traumatic stress disorder
- Suicide risk
- Fall risk/prevention
- Rheumatoid arthritis
- Opioid use in the older adult population

The *Preventive Health Guidelines* were updated to clarify recommendations by the American Academy of Pediatrics (AAP) and the United States Preventive Services Task Force (USPSTF).

What is the impact of this change?

No action is needed; this update is informational only. The guidelines can be downloaded from our provider website at DellChildrensHealthPlan.com > For Providers > Provider Notices and Reminders. For a printed copy, call Provider Services at 1-888-821-1108.

What if I need assistance?

If you have questions about this communication or need assistance with any other item, contact your local Provider Relations representative or call Provider Services at 1-888-821-1108.