



## Pediatric Outpatient Nutrition Referral

Complete, Sign, and Fax to (512) 406-6520

**\*Have the parent/guardian call (512) 324-0137 to schedule an appointment.\***

Patient Name: \_\_\_\_\_ Preferred language: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ Parent/Guardian/ Phone #: \_\_\_\_\_

Patient's Home Address: (street, city, zip) \_\_\_\_\_

Insurance: \_\_\_\_\_ Policy# \_\_\_\_\_

Referring Physician Name: \_\_\_\_\_

Referring Physician Office Phone: \_\_\_\_\_ Referring Physician Fax: \_\_\_\_\_

Primary Care Physician Name: \_\_\_\_\_

Patient info: Age: \_\_\_\_\_ DOB: \_\_\_\_\_ Sex: M F (circle one)

Date of measurements: \_\_\_\_\_

(Please circle unit.) Height: \_\_\_\_\_ (cm or in) Weight: \_\_\_\_\_ (kg or lb) BMI (kg/m<sup>2</sup>): \_\_\_\_\_

Medications: \_\_\_\_\_

**REQUIRED: We require our specific Pediatric Outpatient Nutrition Referral Form to be FULLY completed or referral will be rejected. All referrals are required to have last clinical notes regarding diagnosis attached with referral. Please attach growth charts and/or Lab Work if available.**

### **Diagnosis/Reason For Referral:**

(please check all that apply)

- Eating Disorder (Please check one)     Anorexia     Bulimia     Other \_\_\_\_\_
- Pre-diabetes
- Picky Eating
- Oral Aversion
- High blood Pressure
- Food Allergies
- Abnormal Menstrual
- Failure to Thrive (no Oral Aversion present)
- Abnormal Weight Gain
- Acanthosis Nigricans
- Lipid Abnormalities
- Tube Feeding Management (require current feeding plan)

\_\_\_\_\_  
Referring Physician (signed)

\_\_\_\_\_  
Date