

SITZMARKS[®] Study FAQ Sheet

Your physician has recommended that your child undergo SITZMARKS Study. This is a study that allows your physician to get a rough sense of how well your child's colon is working. It is sometimes necessary to understand the speed with which the colon is able to move stool through it. This knowledge is helpful in studying constipation or fecal incontinence that has not responded to other measures.



What is a Sitzmarks study?

The Sitzmarks capsules are small, easily swallowed, capsules that have rubber rings inside which your doctor can see on X-ray. You will be asked to give your child a number of capsules and then obtain an X-ray. Your doctor then will then look for the number or rings in the colon, and where they are located, in order to determine if there is an abnormality.

How is the procedure done?

We will provide you with a Sitzmarks capsule from our office. Please give your child one capsule. If you open the capsule make sure that your child doesn't chew the rings. Then obtain an X-ray on day 5.

Sitz Marker Study Checklist

- Pick up capsule
- Stop all laxatives 3 days prior to the test
- Day 1: Give the capsule
- Day 5: Get an X-ray of the abdomen
- Day 7: Depending on results we may ask for another X-ray

Questions?

If you have any questions or concerns don't hesitate to call us at 512-628-1810 (press option 4)