Any pt with signs of a surgical abdomen (rigidity, guarding, or peritonitis) should warrant a STAT surgery consult

APPY SCORE assigned for children ≥ 4 years old with suspected Appendicitis

1. APPY SCORE ≤ 4 – low suspicion of Appendicitis
   - Immediate placement of IV, order labs, and order “Limited abdominal ultrasound to rule out appendicitis”
   - Order Analgesia (Refer to ED pain management guidelines)
   - Child Life Consult
   - IVF hydration
   - Consider Pelvis US for teenage girls

2. APPY SCORE 5-7 – equivocal suspicion of Appendicitis
   - Immediate surgical consult
   - Discuss management and imaging plan
   - Order analgesia (Refer to ED pain management guidelines)
   - Child Life Consult
   - IVF hydration
   - Order Labs

3. APPY SCORE ≥ 8 – high suspicion of Appendicitis
   - Consult Surgery
   - Decision to order CT within 60min

   - Apparent CT image positive for Appendicitis
   - Appendix not seen
   - Off algorithm
   - Explore alternate diagnosis or discharge home if criteria are met

   - If still concerned for Appendicitis, consult surgery

   - Always consider testicular torsion in males when appendicitis workup is negative and pain persists.

   - If imaging needed
   - Immediate surgical consult
   - Refer to ED pain management guidelines
   - Consider Pelvis US for teenage girls

4. APPY SCORE assigned for children < 4 years old with suspected Appendicitis
   - Perform Appendectomy
   - Disposition to Floor per surgery
   - Admit or OR
   - Provide analgesia
   - Begin empiric therapy with Rocephin/Flagyl
   - Pre-operative Checklist performed in ED
   - Perform appendectomy

ED Discharge Criteria:
- Tolerating liquids
- Pain able to be controlled at home
- Ambulating
- Benign abdominal exam

For questions concerning this pathway, Click Here
Last Updated September 25, 2019
Acute Appendicitis Treatment Pathway
Evidence Based Outcome Center

**APES Criteria**
- Afebrile X 24 hours
- Pain controlled with oral meds
- Eating regular diet
- Stooling or passing flatus

**Addendum 6**
Discharge Instructions

For questions concerning this pathway, Click Here
Last Updated September 25, 2019