Trauma-Informed Care

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Elimination of Health Disparities

Recommendations:

• Ensure a strategic focus on communities at greatest risk.

• Reduce disparities in access to quality health care.

• Increase the capacity of the prevention workforce to identify and address disparities.

• Support research to identify effective strategies to eliminate health disparities.

• Standardize and collect data to better identify and address disparities.

Surgeongeneral.gov
How common are aces?

% of Study Respondents Reporting # OF ACEs

- Zero: 37%
- One: 26%
- Two: 16%
- Three: 9%
- Four or More: 12%

Types of ACEs Reported

- Physical Neglect
- Emotional Abuse
- Incarcerated...
- Caregiver Treated...
- Emotional Neglect
- Mental Illness
- Sexual Abuse
- Parent Separation
- Physical Abuse
- Substance Abuse

Source: Center for Disease Control and Prevention

Courtesy of Hannah Brown, CAN
INCREASED RISK OF HEALTH PROBLEMS

- Alcoholism and alcohol abuse
- Chronic obstructive pulmonary disease (COPD)
- Depression
- Fetal death
- Health-related quality of life
- Illicit drug use
- Ischemic heart disease (IHD)
- Liver disease
- Risk for intimate partner violence
- Multiple sexual partners
- Sexually transmitted diseases (STDs)
- Smoking
- Suicide attempts
- Unintended pregnancies
- Early initiation of smoking
- Early initiation of sexual activity
- Adolescent pregnancy

Source: Center for Disease Control and Prevention
Trauma-Informed Systems of Care

“...Every part of its organization, management, and service delivery system is assessed and potentially modified to include a basic understanding of how trauma affects the life of an individual seeking services. Trauma-informed organizations...are based on an understanding of the vulnerabilities or triggers of trauma survivors ...so that these services and programs can be more supportive and avoid re-traumatization. “

-SAMHSA
Six Core Values

- Trustworthy
- Cultural Sensitivity
- Choice
- Safety
- Empowerment
- Collaboration

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Modified from SAMHSA
Six Domains

Screen
Train
EBT
Secondary Trauma
Evaluation
Policy

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Trauma-Informed Care Consortium of Central Texas

www.TraumaTexas.com

“Creating a comprehensive trauma-informed community for children and families through education, outreach and trainings”.
Organizational Members

Allies Against Slavery
Any Baby Can
Armstrong Community Music School
Asian Family Support Services of Austin
Austin Achieve Public Schools
Austin Child Guidance Center
Austin Children's Shelter
Austin ISD
Austin ISD Campus Based Counseling Referral Centers
Austin Oaks Hospital
Austin Police Department Victim Services Unit
Austin Shelter for Women and Children
Austin State Hospital
Austin Travis County Integral Care Behavioral Health Center of Nueces County
Bell/Lampasas County CSCD
Big Brothers Big Sisters of Central Texas
Care Options For Kids
Caring Family Network
Casey Family Programs
Catholic Charities of Central Texas Cenpatico Center for Child Protection Child Inc.
Communities for Recovery Communities in Schools of Central Texas Community Advancement Network (CAN) CommunitySync/Project HOPES Court Appointed Special Advocates (CASA) of Travis Co.
Dell Children's Medical Center - CARE Program Department of Family and Protective Services Eanes ISD/Westlake High School Easter Seals Central Texas El Buen Samaritano EngenderHealth Family Service Association Helping Hand Home for Children Kids in a New Groove KIPP Austin Collegiate High School LifeWorks NAMI Austin Out Youth People's Community Clinic Pflugerville ISD Phoenix House Refugee Services of Texas SafePlace Sage Recovery & Wellness Center Samaritan Center for Counseling and Pastoral Services Southwest Key Programs Spirit Reins Taylor ISD Texas CASA Texas Department of State Health Services Texas Network of Youth Services Texas NeuroRehab Center Texas System of Care Consortium - Texas Family Voice Network The Council on Recovery (Austin Recovery) The Settlement Home Travis County Collaborative for Children Travis County Health and Human Services & Veterans Services Travis County Juvenile Probation United Way for Greater Austin Upbring UT Child and Family Research Institute YWCA Greater Austin
Trauma – Informed Organizational Readiness Survey
2015

www.traumatexastexas.com/publications
Question Categories

- Empowerment & choice
- Evaluation & data collection
- Safety & environment
- Trauma-informed policy
- Trauma training
- Support for providers
- Type of therapy used
- Cultural inclusivity
- Trauma & suicide screening of clients
- Evaluation & Data collection
Results

70 agencies participated

• 33% screen ALL clients for trauma
• 34% screen ALL clients for suicide
• 36% survey clients on safety in physical environment
• 60% offer balanced caseloads
• 44% track the number of trauma survivors
• 46% have an official policy against restraint & seclusion
Success Story
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