

KEEPING CENTRAL TEXAS CHILDREN WELL

First Annual
Pediatric Conference

Dell Children's Medical
Center of Central Texas

Pat Hayes Education and
Conference Center

Saturday, May 17, 2008

7am to 5pm

dellchildrens.net

doctors.seton.net

Conference Objectives

At the end of this conference, participants will be able to:

- Recall the pediatric issues and practices addressed in the conference activities.
- Integrate presented pediatric diagnostics and therapeutics into the office practice.
- Evaluate the approach and management of current pediatric issues from multidisciplinary and interprofessional perspectives.
- Describe how collaborative partnerships among community practices; subspecialty practices; pediatric education programs; and hospital services translate into high quality and safe patient-centered care across disciplines and settings.

Target Audience

The physician target audience members are the primary care pediatric and family medicine providers. Additional physician target audience members include pediatric surgical and subspecialty physicians and resident physicians.

Teaching Methods

The program will consist of live lectures and workshops allowing for the direct participation and observation of technique and skill. Case studies, simulations, round

table and panel discussions will supplement the learning process. Question and answer session will follow each activity. Handout materials will be provided.

Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Texas Medical Association (TMA) through the joint sponsorship of Seton Family of Hospitals and University of Texas Physicians, Central Texas – Pediatrics and Physician Practices at the Strictly Pediatrics Subspecialty Center. The Seton Family of Hospitals is accredited by the TMA to provide continuing medical education for physicians.

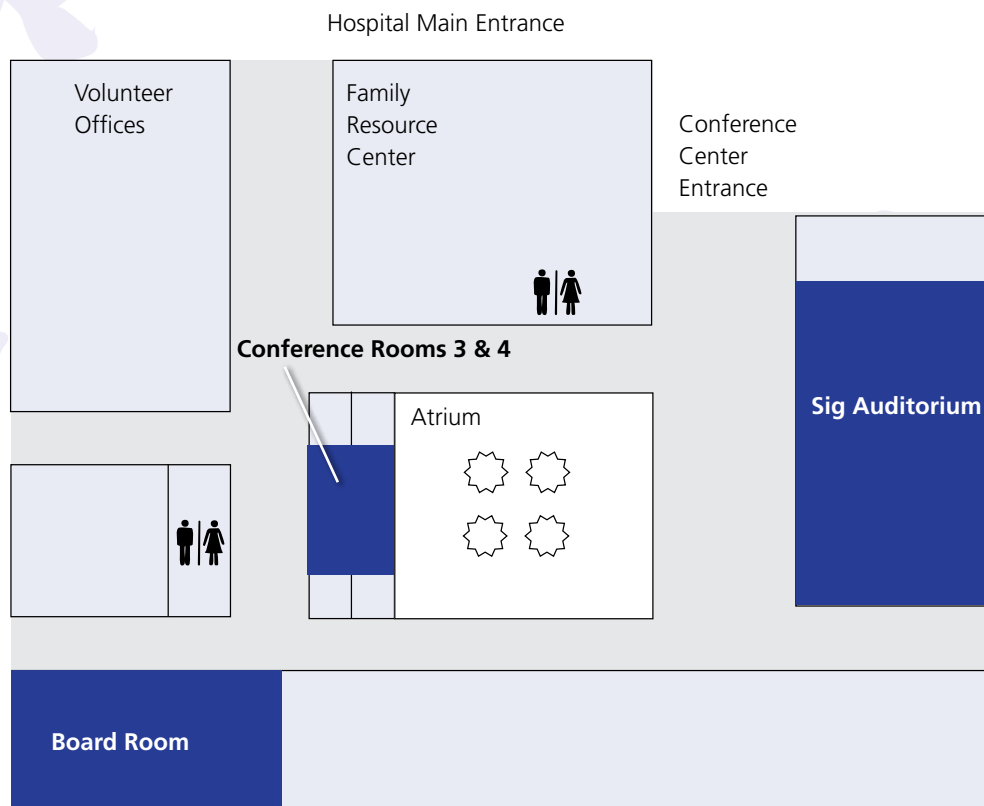
CME

The Seton Family of Hospitals designates this educational activity for a maximum of 6.75 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Ethics Designation Statement

The presentation, *Avoiding the Courthouse: 10 Practice Pitfalls*, has been designated by Seton Family of Hospitals for 1 hour(s) of education in medical ethics and/or professional responsibility.

Pat Hayes Education and Conference Center



PROGRAM

7:00 am Continental Breakfast and Conference Registration
Foyer, Main Auditorium

Morning Plenary Session

Sig Auditorium

7:50 am Welcome Address
Robert I. Bonar, Jr., Dr.H.A.

8:00 am Introduction to Conference
John Luk, M.D.

8:05 am Introduction of the Karen W. Teel, M.D. Lectureship and Keynote Speaker
John Luk, M.D.

8:10 am Karen W. Teel, M.D. Lectureship (KEYNOTE) "SIDS and Home Monitoring: Where Have We Been; Where Are We Going?"
George Lister, M.D.

Objectives:

1. Review the previous rationale for cardiorespiratory monitoring
2. Critique the potential flaws in that rationale
3. Describe the continued barriers to reduction in the rate of SIDS

8:50 am Question and Answer

9:00 am "Avoiding the Courthouse: 10 Practice Pitfalls"
Michele Luckie

Objectives:

1. Recognize 10 common practice pitfalls that can increase your risk of being sued
2. Identify strategies to protect yourself from common pitfalls in medical practice

9:50 am Question and Answer

10:00 am Break

10:15 am Panel Speaker #1 "Working with Pediatric Hospitalists to Deliver High Quality and Safe Patient Care"
Mark Shen, M.D.

Objectives:

1. Define adverse outcomes that may result from transitions in care
2. Identify multiple points at which communication errors may occur
3. Describe the value of a systems-based approach to handoffs

10:45 am Panel Speaker #2 "Potpourri of Pediatric Dermatology"
Moise Levy, M.D.

Objectives:

1. Review common pediatric skin conditions
2. Describe the cutaneous manifestations of common pediatric skin
3. Formulate initial management plans for common pediatric skin

11:15 am Panel Speaker #3 "Pediatric Brain Tumors"
Timothy George, M.D.

Objectives:

1. Recognize the signs and symptoms of a child with a suspected brain tumor
2. Describe the initial evaluation of a child with a suspected brain tumor
3. Distinguish between brain tumors and other neurological conditions mimicking brain tumors

11:45 am Panel Question and Answer

11:55 am Lunch

12:15 pm Lunchtime Update #1 "Undergraduate Pediatric Education in Austin"
Valli Annamalai, M.D.

Objectives:

1. Review undergraduate pediatric education to date in Austin
2. Identify ways in which pediatricians and pediatric subspecialists may participate in the education of medical students

12:30 pm Lunchtime Update #2 "Graduate Pediatric Education in Austin"
Iris Lim, M.D.

Objectives:

1. Review graduate pediatric education to date in Austin
2. List opportunities and challenges to graduate pediatric education in Austin
3. Describe how community pediatricians and pediatric subspecialists may participate in the education of pediatric resident physicians

Afternoon Concurrent Sessions

Session #1

Sig Auditorium, Front-Half

1:15 pm "Adolescent Suicide Prevention"
Celia Neavel, M.D.
Jennifer Inman, M.S.W.

Objectives:

1. Identify risk factors for suicide in adolescents
2. Differentiate between suicide intention and attempt
3. Describe intervention strategies for suicide prevention

2:00 pm "Primary Care Management of ADHD"
Patricia Del Angel, M.D.
Celia Neavel, M.D.
Jeffrey Kane, M.D.
Marilyn Doyle, M.D.
Angela Hughes, Pharm.D., M.S.

Objectives:

1. Review the current treatment options for children with ADHD
2. Discuss the potential risks and benefits of psychopharmacological treatments of ADHD
3. Identify nonpharmacological management techniques of ADHD

3:00 pm BREAK

3:15 pm "Preadolescent Sports Participation and Injury"

Jason Fullmer, M.D.

Suzanne Yandow, M.D.

Karen Wright, M.D.

Roberto Rodriguez, M.D., M.P.H.

Petra Place, B.P.T.

Kevin McHorse, M.S.P.T., S.C.S., Cert. MDT

- Objectives:**
1. Identify preadolescent sports injury risk factors and their evaluation
 2. Describe useful physical therapy techniques for preadolescent sports injury prevention
 3. List common preadolescent sports injuries
 4. Interpret how preadolescent medical conditions impact sports participation

4:00 pm "Working Together to Better Manage Childhood Asthma"

Bennie McWilliams, M.D.

Howard Rosenblatt, M.D.

Meena Ganesh, M.D.

Chris Valmores, B.S.C.S.M., R.R.P.T.

Carol Reagan, R.Ph.

- Objectives:**
1. Identify patient risk factors for developing asthma
 2. Discuss current management options of asthma
 3. Summarize nonpharmacological asthma management techniques

Session #2

Conference Rooms 3 & 4

1:15 pm "My 'Pee-pee' Hurts"

Sarmistha Hauger, M.D.

Mark Shen, M.D.

Stephen Canon, M.D.

Phillip Berry, M.D.

- Objectives:**
1. Describe treatment options for urinary tract infections
 2. Discuss the rationale for imaging in pediatric patients with urinary tract infections
 3. Discuss management strategies for vesicoureteral reflux

2:00 pm "MRSA Infections—More Than Just Antibiotics"

Joanne Adams, D.O.

Joanne Dixon, M.N., R.N., C.I.C.

Sarmistha Hauger, M.D.

Moise Levy, M.D.

John Loyd, M.D.

Thanh hao Ngo, Pharm.D.

Robert Schlechter, M.D.

Toni Wakefield, M.D.

- Objectives:**
1. Describe common manifestations of MRSA infections
 2. Identify complications of MRSA infections
 3. Discuss treatment options for MRSA infections

3:00 pm BREAK

3:15 pm "Stabilization of Common Office Medical Emergencies"

Keith Kerr, M.D.

Meena Ganesh, M.D.

Eric Higginbotham, M.D.

Brandon Beversdorf, R.T.

Pamela Moore, R.N.

- Objectives:**
1. List most common office pediatric emergencies
 2. Recognize pediatric emergencies in the office
 3. Discuss initial management of pediatric emergencies in the office
 4. Review post-stabilization patient transfer options

4:00 pm "Positive Newborn Screening—What Do You Do Next?"

James Gibson, M.D., Ph.D.

Carla Scott, M.D.

- Objectives:**
1. Compare benefits of traditional versus expanded newborn screens
 2. Interpret results of an expanded newborn screen
 3. Describe initial evaluation of positive newborn screening results

Session #3

Board Room

1:15 pm "My Belly Still Hurts"

Robert Schlechter, M.D.

Jeffrey Zwiener, M.D.

Robert Vezzetti, M.D.

- Objectives:**
1. Identify risk factors for chronic abdominal pain
 2. Discuss surgical and nonsurgical interventions for chronic abdominal
 3. Describe long-term management of chronic abdominal pain

2:00 pm "Do Your Part In Prevention of Obesity Complications"

Stuart Rowe, M.D.

Jordan Scalo, M.D.

Rajani Prabhakaran, M.D.

Rahel Berhane, M.D.

Carla Scott, M.D.

- Objectives:**
1. List common pediatric complications of obesity
 2. Summarize prevention of obesity complications in children
 3. Screen patients in your office for obesity complications

3:00 pm BREAK

3:15 pm "Where Am I? And Who Are You?"

Jeffrey Kane, M.D.

Ronald Shapiro, M.D.

Donald Williams, M.D.

Tom Langston, M.D.

- Objectives:**
1. Discuss initial evaluation of syncope
 2. Distinguish between syncope and similarly presenting non-syncope
 3. Review treatment of pediatric patients with syncope

4:00 pm "Turn Down the Lights. My Head Hurts."

Karen Richards, M.D.

Timothy George, M.D.

Eric Higginbotham, M.D.

- Objectives:**
1. Identify red flags in presentation: which headaches require emergent diagnosis or unusual treatments
 2. Review acute pain management in severe headache cases
 3. Treat chronic headache with a focus on prevention and avoidance of analgesic overuse

Conference Planning Committee Members

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Karen W. Teel, M.D. Lectureship (Keynote Address)

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Children's Urology

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Sponsored by:

University of Texas Physicians, Central Texas—Pediatrics

UT Physicians, Central Texas is the faculty practice of the physicians of the University of Texas Medical Branch at Austin (UTMB Austin). The UTMB Austin Pediatric Residency Program at Dell Children's Medical Center traces its community roots back over 30 years. Its faculty members teach over 70 pediatric and visiting resident physicians per year as well as numerous medical students from UTMB and other medical schools throughout the country.



Dell Children's Medical Center of Central Texas

As the only free-standing pediatric hospital in Central Texas, Dell Children's Medical Center serves a 46-county area roughly the size of the state of Ohio. At almost 500,000 square feet, the new Dell Children's, which opened in June 2007, is three times larger than the original Children's Hospital of Austin. The all-digital, all-wireless facility boasts many new and expanded services that position it as a world-class leader in both simple and complex pediatric care, giving families the option of expert care closer to home. Children are cared for with a family-centered approach that keeps patients close to loved ones at all times. And our dedicated multidisciplinary team of pediatric specialists and nurses are all committed to a single purpose: making a child feel like a kid again. We know how to treat kids.



Physician Practices at the Strictly Pediatrics Subspecialty Center

The physician practices at the Strictly Pediatrics Subspecialty Center provide a comprehensive array of outpatient pediatric subspecialty medical and surgical services to the children of Central Texas. These physicians also provide inpatient consultation and care to hospitalized children at the Dell Children's Medical Center of Central Texas.

Special thanks to the following groups for their support

Dell Children's Medical Center of Central Texas
Marketing and Physician Relations

Office of Regional Medical Education — Austin
UTMB School of Medicine

UTMB Austin Pediatric Residency Program
Dell Children's Medical Center

Capital Area Health Education Center

PROGRAM SUMMARY

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Morning Plenary Session

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8:50 am Question and Answer

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10:45 am Panel Speaker #2
"Potpourri of Pediatric Dermatology"

11:15 am Panel Speaker #3
"Pediatric Brain Tumors"

11:45 am Panel Question and Answer

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"Undergraduate Pediatric Education in Austin"

12:30 pm Lunchtime Update #2
"Graduate Pediatric Education in Austin"

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Auditorium, Front-Half

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2:00 pm "Primary Care Management of ADHD"

3:00 pm BREAK

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